

Dear Parents and Friends,

The hustle and bustle of term two has increased with the JHC Entrance examinations 2024/25 and continuous assessments at the forefront.

Furthermore, we have added another activity, the **Recycling Club**, to our co-curricular programme. Upon the Sports Hall and Sports Centre's availability, more activities will be available for students.

However, as communicated earlier this week, **underperforming** students will only lose the privilege of some co-curricular activities once they meet their academic targets. There is a saying that 'all work and no play makes Jack/Jill a dull boy/girl.' but the reverse is also true in that the work must be done first before we can play - this is the same enduring philosophy we have in our homes. The **continuous assessment** will be from **29 January to 2 February**, and all students have been given the information. In addition, the **term examinations** will run from **11 – 15 March**.

In conclusion, American author James Dobson reflected on children and said, "**Children are not casual guests in our home. They have been loaned to us temporarily for the purpose of loving them and instilling a foundation of values on which their future lives will be built**". Newspaper columnist Robert Fulgham **said, "Don't worry that children never listen to you; worry that they are always watching you."** Therefore, it is essential to nurture our children with the correct values and always be aware of the example we are setting as they are watching us.

Be safe until we meet again.

Yours truly  
**Abraham. P. Swart**  
Principal

## WHAT'S HAPPENING @JHC

At **Monday's assembly**, Oseremen Udabor (Year 7H) and Kamara Ezeife (Year 7J) shared valuable advice with fellow students about **friendship** and **hard work**.



Oseremen started with the **definition of friendship**, 'it's a relationship between people who have mutual respect'. He carried on confidently highlighting the benefits of friendship and the qualities of good friendship, such as honesty, loyalty, empathy, confidentiality, positivity, and acceptance. It was a well-presented and prepared talk quoting from a variety of sources. He ended by encouraging the audience to choose their friends wisely as success and enjoyment of life depends on it. The audience rewarded Oseremen with a thunderous applause.

Kamara followed up with an opening statement, 'Hard work is sustained and intense effort towards a goal or task,' which set the background for her talk about **hard work**. She soared as she imparted the benefits of hard work, such as increasing one's success rate, realising dreams, etc. It was reiterated that hard work must be balanced with fun when appropriate. Her well-researched talk ended with the reminder that 'there are no secrets to success – it is the result of preparation and hard work. The conclusion was met with another round of loud applause.

Well done, Oseremen and Kamara - you are developing into great speakers, and we are proud of you. The standard has been set, and we look forward to our other students' contributions in the coming weeks.

On **13 January**, the staff and students at James Hope College convened to witness the **10<sup>th</sup> Edition of the JHC Formal Lunch**. The formal lunch is a time-honoured tradition of James Hope College that usually takes place on the first weekend of the Easter term. It is always given a theme, and we always invite venerated guest speakers to share a nugget of wisdom or two concerning the theme. This year was no different, and it was all about "Stress and Stress Management," which I believe is a widely relatable topic.

This year's formal lunch was kick-started with opening remarks by our principal, Mr. Swart, and then we dove right into the three-course lunch. We started with the appetizer; we had the option of choosing mixed-meat pepper soup or an apple and chicken salad. We could select rice with fried plantain, chicken, and maple sauce for the main course. Last but not least, we could choose fruit crumble with custard or chocolate cake and vanilla ice cream for dessert. Each delightful course was enjoyed, with drinks, bread rolls, cashew nuts, and friendly conversations with table members.



*'Bon appetit'*



*Dr. Paul Vita received a thank-you gift from Emmanuela Eigbe & Daniel Baadom.*

Dr. Paul Vita, the Vice Chancellor of James Hope University, was the honourable guest speaker this year. He narrated a quite humourous but inspiring story of a period in his college career when he was under immense stress preparing for an extensive assessment to acquire his Ph.D. He taught us that stress is inevitable, and even though it can be good, too much of it is harmful, so we should take steps to tackle it. The highlight of the afternoon was undoubtedly the drama presentations by the girls' and boys' residences. The aim was to portray the theme of "Stress and Stress Management" using a short story, and I must say, both groups did a fantastic job constructing comedic plays. We all had a good laugh.

To conclude, the 10<sup>th</sup> Edition of the JHC Formal Lunch was a huge success, and one can only hope it gets even better next year.

*Contributed by Ayomikun Adekeye, Year 11*

## REMINDERS

### JHC CONTINUOUS ASSESSMENT CALENDER for TERM 2

Continuous assessment week: 29 January – 2 February 2024  
Term examinations: 11 – 15 March 2024

For further information, please feel free to contact Mr. Clement Ikuyinminu at [clement.ikuyinminu@jameshopecollege.edu.ng](mailto:clement.ikuyinminu@jameshopecollege.edu.ng)

### IMPORTANT CONTACT INFORMATION

We have experienced some parents using the wrong email address to request information or a service. Please **do not send** any communications to the JHC [donotreply](#) or [info](#) email addresses as the first is an unattended mailbox, and the second is for public information requests. Parents have been supplied with the direct email addresses of staff, who will always respond within 24 hours and even sooner.

### FUTURE EVENTS

Date	Event
<del>8 January 2024</del>	Full College resumes, start of term 2
<del>13 January 2024</del>	JHC Annual Formal Lunch
<del>20 January 2024</del>	JHC Open Day
27 January 2024	JHC Entrance Examination 2024/25
29 January – 2 February	<b>Continuous Assessments</b>
3 February 2024	JHC Entrance Examination 2024/25
9 February 2024	Academic Review Day for Years 7 & 8 and start of mid-term break
19 February 2024	Full College resumes
2 March 2024	Parents Visiting Day for Students in residence
11 – 15 March	<b>Term Examinations</b>
23 March 2024	JHC Careers Fair
27 March 2024	Last day of term 2 & start of Easter break
15 April 2024	Full College resumes for the start of term 3

For more information or clarification on any matter, please feel free to contact me at, 0708 396 4440 or, [abraham.swart@jameshopecollege.edu.ng](mailto:abraham.swart@jameshopecollege.edu.ng)